PHYSICIANS – If you are ordering multiple timepoints, please ensure that your requisition or order form specifies the correct timepoint test code. Please talk with your local sales representative for more information.

Directions to Collect Saliva

Saliva should be collected at the precise time(s) that your physician prescribed. The preferred method for collecting saliva is to use the provided saliva collection device, which is a device made specifically for the purpose of collecting saliva. Please read the following directions carefully before starting your collection.

BEFORE COLLECTION

1. Collect saliva at the specific time(s) listed by your physician.
2. 24 hours before collection – do not use any creams or lotions that contain steroids, and do not use any steroid inhalers. These products can interfere with hormone determinations.
3. 1 hour before collection – avoid activities that may cause your gums to bleed; do not brush or floss your teeth before collecting saliva.
4. 30 minutes before collection – do not eat or drink anything for at least 30 minutes before collecting saliva.
5. If your gums or the inside of your mouth are bleeding, do not collect a sample. Please consult with your physician if this is a chronic problem.

PLEASE NOTE – Children under 10 years of age should have adult supervision.

DESCRIPTION OF SALIVA COLLECTION DEVICE

- Plastic Holder
- Absorbent Pad
- Indicator Line
- Handle

WHEN YOU ARE READY TO START COLLECTING SALIVA

1. Wash your hands with soap and water, and dry them thoroughly.
2. Open the packaging and remove the collection device, using the handle to hold the device. Avoid touching the absorbent pad.
3. Verify the blue indicator line (sample volume indicator) is visible on the collection device.
4. Holding the handle, place the entire absorbent pad under the tongue to start collecting saliva.
5. Continue collecting saliva until the blue indicator line has changed and starts to fade (2-4 minutes). To check the indicator, briefly take the device out of your mouth. If the blue indicator line has not changed when looking straight on (horizontally, as shown), continue collection until indicator changes or at least 4 minutes have elapsed.
6. Using the handle, remove the device from your mouth and place the absorbent pad into the provided plastic holder. You should feel a “click” to lock the collection device inside the holder.
7. Affix the white label onto the clear plastic holder, and write in your name, date of birth, and the time and date collected. For multiple timed collections, attach the orange “Timed Specimen” labels to the top of the collection device. Place each specimen into an individual small plastic bag to seal.
8. Place the sealed individual plastic bag with specimen into the larger specimen bag. Place the completed LabCorp laboratory order form (requisition) in the bag.
9. Return the specimen bag to your physician or LabCorp Patient Service Center within one day of collection. If storing longer than 24 hours, please refrigerate.

For questions regarding how to use the LabCorp saliva collection device, please contact your physician’s office.